

Training Sommer - Herbst 2019



| Juni | | Juli | | August | | September | | Oktober | | November | |
|------|-----------|------|-----------------|--------|-----------------|-----------|----------------|---------|------------|----------|------------|
| 1 | | 1 | | 1 | | 1 | | 1 | | 1 | |
| 2 | | 2 | Trockentraining | 2 | Trockentraining | 2 | | 2 | | 2 | Ski Stubai |
| 3 | | 3 | | 3 | | 3 | Schulbeginn | 3 | | 3 | |
| 4 | | 4 | | 4 | | 4 | | 4 | | 4 | |
| 5 | | 5 | Trockentraining | 5 | | 5 | | 5 | | 5 | |
| 6 | | 6 | | 6 | Trockentraining | 6 | | 6 | Ski Stubai | 6 | |
| 7 | | 7 | | 7 | | 7 | | 7 | | 7 | |
| 8 | | 8 | Ski Hintertux | 8 | | 8 | | 8 | | 8 | |
| 9 | | 9 | Ski Hintertux | 9 | Trockentraining | 9 | | 9 | | 9 | |
| 10 | | 10 | Ski Hintertux | 10 | | 10 | | 10 | | 10 | Ski Stubai |
| 11 | | 11 | | 11 | | 11 | Herbsttraining | 11 | | 11 | |
| 12 | | 12 | Trockentraining | 12 | | 12 | | 12 | | 12 | |
| 13 | | 13 | | 13 | Trockentraining | 13 | | 13 | Ski Stubai | 13 | |
| 14 | Schulende | 14 | | 14 | | 14 | | 14 | | 14 | |
| 15 | | 15 | | 15 | | 15 | | 15 | | 15 | |
| 16 | | 16 | Trockentraining | 16 | Trockentraining | 16 | | 16 | | 16 | |
| 17 | | 17 | | 17 | | 17 | | 17 | | 17 | Ski Stubai |
| 18 | | 18 | | 18 | | 18 | | 18 | | 18 | |
| 19 | | 19 | Trockentraining | 19 | | 19 | | 19 | | 19 | |
| 20 | | 20 | | 20 | Trockentraining | 20 | | 20 | | 20 | |
| 21 | | 21 | | 21 | | 21 | | 21 | | 21 | |
| 22 | | 22 | | 22 | | 22 | | 22 | | 22 | |
| 23 | | 23 | Trockentraining | 23 | Trockentraining | 23 | | 23 | | 23 | |
| 24 | | 24 | | 24 | | 24 | | 24 | | 24 | |
| 25 | | 25 | | 25 | | 25 | | 25 | | 25 | |
| 26 | | 26 | Trockentraining | 26 | | 26 | | 26 | | 26 | |
| 27 | | 27 | | 27 | Trockentraining | 27 | | 27 | | 27 | |
| 28 | | 28 | | 28 | | 28 | | 28 | Ski Stubai | 28 | |
| 29 | | 29 | | 29 | | 29 | | 29 | Ski Stubai | 29 | |
| 30 | | 30 | Trockentraining | 30 | Trockentraining | 30 | | 30 | | 30 | |
| | | 31 | | 31 | | | | 31 | | | |

Trockentraining Sommerferien

- von 8.00 - 9.30 Uhr
- Treffpunkt Sportzone Sterzing
- für die Jahrgänge **2007 - 2010**

Trainer

- Holzer Christoph 349 1065277

Kontakt WSV

- Polig Christian 338 6007849

Sommer-Ski Training

- 8-10. July 2019
- Hintertuxer Gletscher
- für Jahrgänge 2008 - 2009

Weitere Infos auf www.wsvski.com

Ski Stubai Training

- Stubai Gletscher
- für Jahrgänge 2008 - 2010

Kontakt WSV

- Polig Christian 338 6007849

Trockentraining im Herbst

- Mittwoch von 15.00 - 16.30 Uhr in der Trunhalle (Grundschule Rampold)
- Montag oder Freitag 15.00 - 16.30 Uhr in der Turnhalle (noch zu definieren)

Trainer

- Holzer Christoph 349 1065277

Kontakt WSV

- Polig Christian 338 6007849

Vorab Info