

# Training Herbst 2021



September		Oktober		November		Dezember	
1		1	Trockentraining	1		1	Trockentraining
2		2		2	Ski Stubai	2	
3		3		3		3	Trockentraining
4		4		4		4	
5		5		5		5	
6	Schulbeginn	6	Trockentraining	6		6	
7		7		7		7	
8		8	Trockentraining	8		8	
9		9		9		9	
10		10	Ski Stubai	10	Trockentraining	10	
11		11		11		11	
12		12		12	Trockentraining	12	
13		13	Trockentraining	13	Ski Stubai Jg 10-11	13	
14		14		14	Ski Stubai	14	
15		15	Trockentraining	15		15	
16		16		16		16	
17		17	Ski Stubai	17	Trockentraining	17	
18		18		18		18	
19		19		19	Trockentraining	19	
20		20	Trockentraining	20		20	
21		21		21	Ski Stubai	21	
22	Trockentraining	22	Trockentraining	22		22	
23		23	Ski Stubai Jg 10-11	23		23	
24	Trockentraining	24	Ski Stubai	24	Trockentraining	24	
25		25		25		25	
26		26		26	Trockentraining	26	
27		27	Trockentraining	27		27	
28		28		28		28	
29	Trockentraining	29	Trockentraining	29		29	
30		30	Ski Stubai Jg 10-11	30	Trockentraining	30	
		31	Ski Stubai			31	

*Trockentraining*  
*Jahrgänge 2010-2013*  
 Windisch Stephanie Turnhalle GS Rampold  
 Tel: 334 3239294 MI & FR 15:00-16.30h

*SKI 8 - 10 Tage*  
*Jg. 2010-2013*  
 Polig Christian  
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